

YOUTH WRESTLING 2025-2026

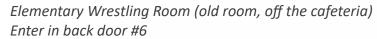
PARENT MEETING

Monday November 17th 6:00 - 7:00 PM Location TBD - will be shared via Game Changer

During this meeting we will have handouts regarding the upcoming season, gear to borrow, volunteer sign ups, check kids weights for singlet size, and a Q&A session. Please bring your wrestler with for weigh in and time with their coach on the mat.

Group 1 (Dec 1 - Feb 5)

4k-2nd grade Rookies & Beginners 6nm-7nm





2nd grade-5th grade (or younger upon request) 6pm-7pm

Dome Wrestling Room Enter in front Dome door #13

Scan here to register for the season!





4K-5TH GRADE

REGISTRATION ONLINE ONLY

https://docs.google.com/forms/d/e/1FAIpQLScHFiiqGxkdejfCOUK_ESq8HyyrbkIB1TQ3DYQoPX3GzU4L4A/viewform?usp=dialog

SPENCER HIGH SCHOOL SPENCER, WI

FREE for all wrestlers who are enrolled in Spencer or Columbus School Districts.

PRACTICES

MONDAY AND THURSDAY 6PM-7PM

DUALS/TOURNAMENTS

Tournaments are voluntary. They are a great way to learn and we encourage participation but we do not require attendance.

WHY WRESTLE?

- -Anyone can do it
- -Everyone gets to participate
- -Build confidence & strength
- -Incredible conditioning
- -Great for other sports *especially football
- -Winter activity for both boys & girls!
- -FUN & build amazing friendships

CONTACT

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