


## Columbus Catholic Schools – October 2020 – Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> WW Chicken Nuggets Sweet Potato Fries California Blend Veggies Chilled Peaches Whole Wheat Bread (Columbus Only) Salad Bar (Columbus Only)	<b>29</b> Hamburger on a Whole Wheat Bun Mashed Potato Smiles Cheese Slices, Ketchup, Lettuce Mayo, Mustard, Onions, Pickles Tomatoes FR-Apple Slices Salad Bar (Columbus Only)	<b>30</b> WW Pancakes Potato Stars Sausage Links Strawberry Cup OR Orange Juice Yogurt Cup (Columbus Only) Salad Bar (Columbus Only)	<b>1</b> Nacho Bar-Taco Meat Cheese Sauce, Refried Beans Lettuce, Sour Cream Tomatoes, Salsa, Olives, Onions Pineapple Tidbits Whole Wheat Bread (Columbus Only) Salad Bar (Columbus Only)	<b>2</b> Sack Lunch-CCHS No Lunch Uncrustable Baby Carrots Applesauce Fruit Snacks Baked Chips (CCMS Only) No Salad Bar
<b>5</b> Mini Turkey Corn Dogs HM-Cheese Hash Browns Baked Beans Mixed Fruit Ketchup, Mustard WW Bread w/Butter (Columbus Only) Salad Bar (Columbus Only)	<b>6</b> HM-Salisbury Steak Mashed Potatoes w/Gravy Corn Chilled Peaches Apple Cinnamon Muffin WW Bread w/Butter (Columbus Only) Salad Bar (Columbus Only)	<b>7</b> Chicken Alfredo w/WW Pasta Broccoli Mandarin Oranges Garlic Bread Salad Bar (Columbus Only)	<b>8</b> French Toast Sticks Potato Stars Sausage Links (Col Only) Maple Syrup Blueberries OR Strawberries Apple Strudel (Columbus Only)	<b>9</b> <b>NO SCHOOL</b>
<b>12</b> Chicken Patty on a WW Bun Potato Wedges BBQ Sauce, Mayo, Lettuce, Tomatoes (Columbus Only) Candied Carrots Tropical Mixed Fruit Salad Bar (Columbus Only)	<b>13</b> WW Spaghetti w/Meat Sauce Green Beans Chilled Pears Breadstick Jell-o Cup (Columbus Only) Salad Bar (Columbus Only)	<b>14</b> Walking Tacos-Taco Meat Corn Chips, Cheese Sauce, Lettuce, Olives, Onions, Refried Beans, Salsa Sour Cream Pineapple Tidbits WW Bread w/Butter (Columbus Only) Salad Bar (Columbus Only)	<b>15</b> Chicken Noodle Soup Tossed Romaine Salad String Cheese Applesauce Whole Wheat Bread w/Butter Salad Bar (Columbus Only)	<b>16</b> Pizza Dippers w/Marinara Sauce Tossed Romaine Salad FR-Veggies w/Dip Boiled Eggs, Cold Peas (Col Only) FR-Apple Slices Scotcheroos (Col Only) Salad Bar (Columbus Only)
<b>19</b> HM-Meatloaf w/Honey/BBQ Glaze Loaded Mashed Potatoes Winter Blend Veggies Warm Apple Slices Blueberry Muffin WW Bread w/Butter (Columbus Only) Salad Bar (Columbus Only)	<b>20</b> Little Smokies Macaroni & Cheese Baked Beans Applesauce Sun Chips (Columbus Only) Salad Bar (Columbus Only)	<b>21</b> Chicken in Gravy Brown Rice Corn Chilled Peaches WG Dinner Roll (Columbus Only) Chocolate Chip Muffin Salad Bar (Columbus Only)	<b>22</b> Lasagna Tossed Romaine Salad FR-Carrots & Celery w/Dip Chilled Pears OR Grape Juice Garlic Bread Salad Bar (Columbus Only)	<b>23</b> <b>NO SCHOOL</b> 
<b>26</b> WW Chicken Nuggets Sweet Potato Fries California Blend Veggies Tropical Mixed Fruit Graham Snacks (Columbus Only) Salad Bar (Columbus Only)	<b>27</b> Teriyaki Chicken Brown Rice Egg Roll Stir Fry Vegetables Mandarin Oranges Fortune Cookie Salad Bar (Columbus Only)	<b>28</b> WW Pancakes Potato Stars Sausage Links Yogurt Cups (Columbus Only) Blueberries OR Strawberries Glazed Donut (Columbus Only) Salad Bar (Columbus Only)	<b>29</b> Chili Tossed Romaine Salad FR-Carrots & Celery w/Dip Applesauce Soft Pretzel with Cheese Sauce Salad Bar (Columbus Only)	<b>30</b> Make Your Own Sub Bar Turkey Cheese Slices, Green Peppers Lettuce, Olives, Onions, Pickles Spinach, Tomatoes, Cucumbers FR-Orange Smiles WW Hoagie Buns Sun Chips (Columbus Only) Salad Bar (Columbus Only)

Meal Price (CCHS/CCMS) \$3.15    Salad Bar (CCHS/CCMS) \$3.15    Meal Price (SJB/OLPI) \$2.95    Menu Item \$2.15    Extra Milk 50 Cents  
Menu Subject to Change    Fruit and Vegetable Option May Vary    WW=Whole Wheat    HM=Homemade    FR=Fresh

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