

Let's Keep Talking



A Parent and Caregiver Series

3rd Tuesday of the Month

6:00 PM

JP Adler Room

Everett Roehl Marshfield Public Library

January 16 Vaping Prevention and Early Intervention

Wood County Health Department PATCH program will provide information regarding the risk of vaping for youth, strategies to help youth make the best decision for themselves regarding vaping, and local and national resources for vaping cessation.

February 20 Recognizing and Responding to Mental Health Concerns

Community Mental Health professionals will talk about common mental health issues (anxiety and depression). We will talk about best strategies to help, tips for positive communication and resources.

March 19 Helping Youth Navigate New and Changing Relationships

The focus of this session is on both romantic and peer to peer relationships for youth. The Personal Development Center will talk about aspects of healthy and unhealthy relationships, plus strategies to communicate with and support youth related to relationship issues.

April 16 The Impact of Social Media

Arial Andrew from the LEO program will talk about the impact of social media on the youth brain. She will also address ways to talk to youth about social media, setting limits and mitigating the effects of social media.

May 21 Community Resources for Youth Related to Mental Health and Substance Use

This meeting will be a panel of area mental health workers who will outline how to access important community resources for youth. Wood County CCS program, Wood County Crisis, and School Social Workers will share their knowledge and provide tips to parents.

Presented By

