Let's Keep Talking



A Parent and Caregiver Series

6:00 PM
Felker Room
Everett Roehl
Marshfield Public Library





September 10 Screen Sanity

Screen Sanity is an international nonprofit that equips parents with guides to help kids grow up happy and healthy in an increasingly digital world. We will offer a variety of tips and tools designed to help families maximize the benefits of technology while minimizing the harmful side effects.

Presented by UltraCom.

October 15 Youth Vaping Prevention

Using the American Lung Association's InDepth program as a base, we will explore the "why's" of youth vaping, the risks and consequences, and ways to help youth before and after they try vaping.

November 12 Youth Mental Health Trends

Using the 2023 Youth Risk Behavior Survey, we will explore current trends in youth mental health and substance use in Marshfield, Wood County, and Wisconsin. We will also discuss current school and county prevention and intervention efforts.

January 14 Addiction Science and Youth

The LEO Program is a youth focused, evidence-based substance abuse prevention program operating throughout Wood County. In this presentation, Ariel (LEO Program Coordinator in Wood County) will be discussing the science of addiction, how drug use impacts the brain, and share resiliency tools to reduce stress and anxiety and prevent substance use.

February 11 Suicide Prevention Training (QPR)

QPR (Question, Persuade, Refer) is a practical and proven suicide prevention training for the community. We will discuss warning signs related to mental health struggles and provide information on the steps to help prevent suicide.

April 8 Navigating Teen Relationships and Dating

The Personal Development Center will present information regarding teen dating, relationship issues and dating violence. They will provide insights and tips to identify healthy and unhealthy interactions and ways for caring adults to help teens develop better relationships.